

WeightWise Supplement Purchasing Guide - Food Products

	Unit/Price	Calories	Protein	Total Carb	Fat
Caramel Brownie Bar	Box of 7/\$15.00	180 cal	14g	18g	6g
Caramel Cocoa Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Caramel Crunch Bar	Box of 7/\$15.00	170 cal	15g	16g	5.5g
Caramel Delight Crisp Bar	Box of 7/\$15.00	150 cal	15g	16g	3.5g
Caramel Nut Bar	Box of 7/\$15.00	160 cal	15g	15g	5g
Chocolate Almond Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Chocolate Decadence Crisp Bar	Box of 7/\$15.00	160 cal	15g	16g	4.5g
Cinnamon Crunch Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Cinnamon Oatmeal Bar	Box of 7/\$15.00	170 cal	15g	18g	5g
Cookies and Cream Protein Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Crisp n' Crunch Cinnamon Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Crisp n' Crunch Double Berry Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Crisp n' Crunch Fudge Graham Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Crisp n' Crunch Peanut Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Crispy Bar Chocolate Coconut (GF)	Box of 7/\$15.00	170 cal	15g	18g	5g
Crispy Bar Cinnamon Raisin (GF)	Box of 7/\$15.00	160 cal	15g	16g	3.5g
Crispy Bar Double Chocolate (GF)	Box of 7/\$15.00	150 cal	15g	17g	3.5g
*Crispy Bar Lemon Meringue (GF)	Box of 7/\$15.00	160 cal	14g	19g	3g
Crispy Bar Peanut Butter (GF)	Box of 7/\$15.00	160 cal	15g	17g	4.5g
*Crispy Bar Peanut Pretzel (GF)	Box of 7/\$15.00	160 cal	13g	18g	5g
Crispy Treats Vanilla (box of 7)	Box of 7/\$15.00	140 cal	14g	16g	3g
Dark Chocolate S'mores Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
*Lemon Meringue Bar	Box of 7/\$15.00	150 cal	10g	19g	5g
*Marshmallow Brownie Crisp Bar	Box of 7/\$15.00	150 cal	10g	19g	5g
Nutty Caramel Crunch Bar	Box of 7/\$15.00	160 cal	15g	17g	7g
Oatmeal- Apple Cinnamon	Box of 6/\$12.00	120 cal	15g	10g	2g
Oatmeal- Maple Brown Sugar	Box of 6/\$12.00	120 cal	15g	10g	2g
Ostrim Jerkee Pepper	Individual/\$2.00	60 cal	10g	2g	1.5g
Ostrim Jerkee Teriyaki	Individual/\$2.00	60 cal	10g	3g	1.5g
Ostrim Stick Natural	Individual/\$2.00	80 cal	14g	2g	1.5g
Ostrim Stick Pepper	Individual/\$2.00	80 cal	14g	2g	1.5g
Ostrim Stick Teriyaki	Individual/\$2.00	80 cal	14g	3g	1.5g
Peanut Butter Bar	Box of 7/\$15.00	170 cal	15g	12g	7.5g
Peanut Butter Brownie Bar	Box of 7/\$15.00	180 cal	15g	13g	8g
Peanut Butter Cup Bar	Box of 7/\$15.00	160 cal	15g	15g	6g
*Peanut Butter Mousse Bar	Box of 7/\$15.00	160 cal	10g	18g	5g
Peppermint Cocoa Crunch Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Power Crunch Cookies 'n Creme Bar	Individual/\$2.00	205 cal	14g	10g	12g
Power Crunch Peanut Butter Creme Bar	Individual/\$2.00	200 cal	13g	10g	12g
Power Crunch Peanut Butter Fudge Bar	Individual/\$2.00	200 cal	13g	10g	12g
Power Crunch Triple Chocolate Bar	Individual/\$2.00	205 cal	13g	10g	13g
Power Crunch Vanilla	Individual/\$2.00	205 cal	14g	10g	12g
Power Crunch Wildberry Creme	Individual/\$2.00	205 cal	14g	10g	12g

*Highlighted products are Moderately Balanced: use these in moderation
 Use products as directed by your dietitian.
 Shop online anytime! www.estore.weightwise.com



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Protein Chips BBQ	Individual/\$2.00	130 cal	10g	14g	4g
Protein Chips Pizza	Individual/\$2.00	130 cal	10g	16g	4g
Protein Chips Ranch	Individual/\$2.00	130 cal	10g	15g	4g
Protein Chips Sea Salt & Vinegar	Individual/\$2.00	130 cal	10g	14g	4g
Protein Crunch O's BBQ	Individual/\$2.00	130 cal	12g	13g	3.5g
Protein Crunch O's Sour Cream & Onion	Individual/\$2.00	130 cal	12g	12g	4g
*Protein Double Bites Cheddar Cheese	Individual/\$2.00	130 cal	10g	17g	3g
*Protein Double Bites Honey Mustard	Individual/\$2.00	130 cal	10g	18g	2.5g
Protein Krinkles Dill Pickle	Individual/\$2.00	130 cal	12g	13g	3g
Protein Pretzels	Individual/\$2.00	120 cal	12g	11g	3g
Protein Puffs White Cheddar	Individual/\$2.00	130 cal	12g	12g	4g
Quest Bar Apple Pie (GF)	Individual/\$2.39	170 cal	20g	24g	5g
*Quest Bar Banana Nut Muffin (GF)	Individual/\$2.39	170 cal	20g	25g	5g
Quest Bar Chocolate Brownie (GF)	Individual/\$2.39	170 cal	20g	24g	6g
Quest Bar Cinnamon Roll (GF)	Individual/\$2.39	170 cal	20g	24g	6g
Quest Bar Coconut Cashew (GF)	Individual/\$2.39	170 cal	20g	24g	6g
Quest Bar Cookies and Cream (GF)	Individual/\$2.39	180 cal	21g	22g	7g
Quest Bar Peanut Butter Supreme (GF)	Individual/\$2.39	210 cal	20g	21g	10g
Quest Bar Vanilla Almond (GF)	Individual/\$2.39	200 cal	20g	22g	9g
Rockie Road Bar	Box of 7/\$15.00	170 cal	14g	15g	7g
Soy Snacks Chocolate	Box of 7/\$15.00	150 cal	15g	11g	6g
Soy Snacks Chocolate (individual)	Individual/\$1.50	100 cal	10g	7g	4g
Soy Snacks Peanut Caramel	Box of 7/\$15.00	150 cal	15g	11g	6g
Strawberry Cheesecake Bar	Box of 7/\$15.00	155 cal	12g	16g	5g
Supreme Peanut Bar	Box of 7/\$15.00	170 cal	15g	17g	6g
*Sweet & Salty Peanut Bar	Box of 7/\$15.00	160 cal	10g	21g	5g
Triple Chocolate Bar	Box of 7/\$15.00	160 cal	15g	18g	5g
Variety Pack (brown box)	Box of 7/\$15.00	155-180 cal	12-15g	12-18g	4-7.5g
Variety Pack (crispy bars)	Box of 7/\$15.00	150-190 cal	13-15g	16-21g	2.5-7g
Variety Pack (orange box)	Box of 7/\$15.00	160 cal	15g	18g	5g
Variety Pack (proti 15 bars)	Box of 7/\$15.00	160-170 cal	15g	15-18g	5-6g
Wafer Bar Dark Chocolate	Box of 5/\$16.50	210 cal	15g	13g	9g
Wafer Bar Mocha	Box of 5/\$16.50	200 cal	15g	13g	9g
Wafer Bar Vanilla	Box of 5/\$16.50	200 cal	15g	13g	9g
Zipper Snacks BBQ	Box of 7/\$15.00	150 cal	15g	13g	5g
Zipper Snacks Chipotle BBQ (individual)	Individual/\$1.50	100 cal	10g	11g	2.5g
Zipper Snacks Sour Cream & Onion (individual)	Individual/\$1.50	100 cal	10g	8g	3g
Zipper Snacks Sour Creme & Fine Herb	Box of 7/\$15.00	160 cal	15g	12g	5g

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