

## WeightWise Supplement Purchasing Guide - Liquid Products

	Unit/Price	Calories	Protein	Total Carb	Fat
Fruit Drink Berry Blast	Box of 7/\$15.00	70 cal	15g	3g	0g
Fruit Drink Cranberry Grape	Box of 7/\$15.00	60 cal	12g	1g	0g
Fruit Drink Grape	Box of 7/\$15.00	60 cal	15g	<1g	0g
Fruit Drink Lemon	Box of 7/\$15.00	70 cal	15g	2g	0g
Fruit Drink Orange	Box of 7/\$15.00	70 cal	15g	3g	0g
Fruit Drink Peach Mango	Box of 7/\$15.00	70 cal	15g	2g	0g
Fruit Drink Pineapple	Box of 7/\$15.00	70 cal	15g	<1g	0g
Fruit Drink Strawberry Kiwi	Box of 7/\$15.00	60 cal	12g	1g	0g
Hot Drinks- Cinnamon Chocolate Cocoa	Box of 7/\$15.00	80 cal	15g	5g	<1g
Hot Drinks- Decaf Cappuccino	Box of 7/\$15.00	60 cal	12g	2g	1g
Hot Drinks- Hot Chocolate	Box of 7/\$15.00	90 cal	15g	6g	1g
Hot Drinks- Hot Chocolate Variety Pack	Box of 7/\$15.00	80 cal	15g	4-5g	0.5g
Hot Drinks- Marshmallow Hot Cocoa	Box of 7/\$15.00	85 cal	15g	4g	1g
Hot Drinks- Mint Hot Cocoa	Box of 7/\$15.00	70 cal	12g	6g	1g
Hot Drinks- Raspberry Hot Cocoa	Box of 7/\$15.00	70 cal	12g	6g	1g
Hot Drinks- Irish Cream Hot Chocolate	Box of 7/\$15.00	90 cal	15g	4g	1g
Nectar Protein- assorted flavors	Individual/\$2.25	25 cal	6g	0g	0g
*Powder in a Bottle- Chocolate	Individual/\$2.00	100 cal	15g	10g	1.5g
Powder in a Bottle- Lemon Razzzy	Individual/\$2.00	70 cal	15g	1g	0g
*Powder in a Bottle- Mocha	Individual/\$2.00	100 cal	15g	10g	1.5g
Powder in a Bottle- Proticcino	Individual/\$2.00	80 cal	15g	5g	0g
Powder in a Bottle Smoothies- Mango	Individual/\$2.25	100 cal	20g	5g	0g
Powder in a Bottle Smoothies- Strawberry Banana	Individual/\$2.25	100 cal	20g	5g	0g
*Powder in a Bottle- Vanilla	Individual/\$2.00	100 cal	15g	10g	1g
Projoe Magnifico Mocha	Individual/\$3.25	120 cal	20g	5g	0g
Projoe Nillaccino	Individual/\$3.25	120 cal	20g	5g	0g
Projoe Smooth Chai Tea	Individual/\$3.25	120 cal	20g	5g	0g
Pudding- Banana Creme	Box of 7/\$15.00	80 cal	12g	5g	2g
*Pudding- Double Chocolate Instant Pudding	Box of 7/\$15.00	80 cal	12g	7g	0.5g
Pudding- New York Cheesecake	Box of 7/\$15.00	80 cal	15g	5g	0g
*Pudding- Old Fashioned Butterscotch	Box of 7/\$15.00	90 cal	12g	7g	2g
*Pudding/Shake Mix- Chocolate	Box of 7/\$15.00	100 cal	15g	7g	1.5g
*Pudding/Shake Mix- Chocolate Mint	Box of 7/\$15.00	100 cal	15g	7g	1.5g
*Pudding/Shake Mix- Mocha	Box of 7/\$15.00	100 cal	15g	7g	1.5g
*Pudding/Shake Mix- Vanilla	Box of 7/\$15.00	100 cal	15g	7g	1.5g
*Pudding/Shake Mix- Caramel Cafe Latte	Box of 7/\$15.00	100 cal	15g	7g	1.5g
Ready to Drink Chocolate Shake	Pack of 6/\$16.50	100 cal	15g	4g	4g
Ready to Drink Strawberry Smoothie	Pack of 8/\$24.00	140 cal	20g	6g	4.5g
Ready to Drink Vanilla Shake	Pack of 6/\$16.50	100 cal	15g	3g	4g
*Smoothie Mix- Berry Creme	Box of 7/\$15.00	100 cal	15g	7g	1g
Soup- Beef Bouillon	Box of 7/\$15.00	70 cal	15g	1g	0g
Soup- Broc 'n Cheese	Box of 7/\$15.00	100 cal	15g	7g	1g
Soup- Chicken Bouillon	Box of 7/\$15.00	70 cal	15g	1g	0g
Soup- Cream of Chicken	Box of 7/\$15.00	95 cal	15g	5g	2g
Soup- Cream of Mushroom	Box of 7/\$15.00	90 cal	15g	6g	1g
Soup- Cream of Vegetable	Box of 7/\$15.00	90 cal	15g	5g	1g
Soup- Creamy Chicken	Box of 7/\$15.00	100 cal	15g	7g	1.5g
Soup- Italian Tomato	Box of 7/\$15.00	90 cal	15g	6g	1g
Soup- Tomato Bouillon	Box of 7/\$15.00	80 cal	15g	5g	0g

\*Highlighted products are Moderately Balanced: use these in moderation  
 Use products as directed by your dietitian  
 Shop online anytime! [www.estimate.weightwise.com](http://www.estimate.weightwise.com)

